

FORGED IN STONE & STEEL PART 1



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FOREVER STILL

Scars

How often do you come across a rock band that has that something, you can't put your finger on? Forever Still is just that and a whole lot more – a completely honest and emotional in-your-face rock band with no excuses.



Vocal powerhouse Maja Schønning is backed up by the greatest rock band Denmark has ever seen, and the group comes with intentions of mesmerising the entire world. The question is. Are you ready?

Combining melodic rock with the heavier strains of metal, and a touch of electronic elements, Forever Still has created an original and edgy, yet strangely familiar rock sound, adding a breath of fresh air to the international rock scene. Like it or not, Forever Still is here to stay.

Forever Still is:

Maja Schønning - Vocals / Live Piano

Mikkel Haastrup - Bass / Guitar / Keyboards

Dennis Post - Guitar

Jens Berglid - Drums

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[instagram.com/foreverstillofficial](https://www.instagram.com/foreverstillofficial)

[foreverstillofficial.tumblr.com/](https://www.foreverstillofficial.tumblr.com/)

www.youtube.com/user/ForeverStillOfficial

foreverstill.bandcamp.com/

Severnica

Long Lost Longing

Severnica is a 6-piece melodic / symphonic metal band from Turku, Finland. Their debut EP Long Lost Longing (2014) is full of beautiful keyboard melodies which are accompanied by the high, clear vocals of Maarit. The heavy guitar riffs provide contrast and explore some darker themes while including some progressive beats and bass lines which complete the sound.



"The name Severnica is apt as the lyrics paint an ethereal picture of guiding light within their music, which is portrayed in vocalist's Maarit Nieminen sweet, angelic tones." - Raud Ulf, Vendetta Metal Magazine

Long Lost Longing is the title track of Severnica's EP and it tells the tale of finding something you have long ago lost and forgotten.

Severnica is:

Maarit Nieminen - Vocals

Teemu Tolmunen - Keyboards

Tuomo Schwela - Guitar / Backing vocals

Janne Heikkilä - Guitar

Timo Vilppu - Bass

Ville Vainio - Drums

Follow Severnica on:

www.severnica.fi

severnica.bandcamp.com

www.facebook.com/severnicaofficial

www.twitter.com/severnica

www.soundcloud.com/severnica

www.reverbnation.com/severnica

www.instagram.com/severnicaofficial/

ALVEOLE

Do You Use A Knife

In January 2014 Silvia Goldhammer Sebastian Rützel & Fabian Rützel started Alveole. After a few rehearsals with extremely promising song ideas, the band decided that fun should be complemented by hard work. About two years later the debut album *Rhythm of Absurdity* could be released.



The five musicians derive their musical influences from the most divergent styles imaginable, ranging from Death Metal, Metalcore, over Drum n' Bass/Electronic Music, to Pop/Rock and even Classical Music. That is why Alveole created a new name for their Genre-Category: New Crossover.

Right after the album release, Alveole got a lot of positive feedback by the media landscape. The Band was invited to several radio-interviews and took part in the contest "Energy Sound-check", by Radio Energy. The next step is a live-tour through Germany in 2015.

Alveole is:

Silvia Goldhammer - Vocals
Sebastian Rützel - Guitars/Vocals
Fabian Rützel - Keyboard
Alan Koehler - Drums
Baan - Bass

Follow Alveole on:

www.alveole-band.com
www.facebook.com/alveoleband
www.twitter.com/AlveoleOfficial
www.alveole.bandcamp.com/releases
www.youtube.com/channel/UCjlsJubH8j7_u2UdqfNq6Q

Soul Shredder

The Enemy

Influenced by the heavy rock and metal bands of their youth, inspired by virtuoso musicians of every genre and compelled to carry the flag of rock music forward against a backdrop of injection moulded TV talent shows, Soul Shredder was formed in Sheffield, UK and first hit the stage in 2009.

Still just as determined, their aim remains unaltered: to write songs worthy of the packed stadiums of the past and put their energy back where it belongs, on the stage!

Soul Shredder have recorded a 5 song EP and are currently in the process of recording an album to be released in 2015.

Soul Shredder is:

Thumri 'Cookie' Rogers - Vocals

Stu Gibson - Guitars

Tom Collinson - Guitars

Ed Scrimshaw - Bass

Rix Hobbs - Drums

Follow Soul Shredder on:

www.soulshredder.com

www.facebook.com/soulshredder

www.twitter.com/SoulShredderUK

soundcloud.com/soul-shredder



Fallen Symphony Breath Before Fan

Fallen Symphony is a symphonic metal band from Uruguay, South America. Formed in 2009, they worked together in their own studio to create a symphonic and gothic metal project. Once the band lineup was complete they started to perform at various theatres, gathering a strong fan base, keen to hear symphonic metal from Uruguay.



In 2014, the band released their first album, Revelations. The composers wanted to express different influences of the band such as folk, Celtic, symphonic and power metal. The concept for the album was the fantastic and epic story created by the members of the band.

In 2015, they will release a second album named Moonspell, which will tell the story of one character from Greek Mythology.

Fallen Symphony is:

Daniel Carreras – Composition / Guitar / Growls

Valeria Rubio – Composition / Guitar / Vocals

Rafa Mederos – Vocals/ Growls

Martin Cantarini – Bass

Zhian Caballero – Drums

Juan Jose Leyton – Composition / Keyboards

Follow Fallen Symphony on:

soundcloud.com/fallen-symphonymetal

www.facebook.com/fallensymphonymetal

ASCENDING DAWN

ALL IN NOW

Coming together from 3 corners of the globe, Ascending Dawn has arrived with their melodic prog-metal design, fronted by Greek / Cypriot singer Marlain Angelides.

The collaboration between Marlain, Mark Weatherley (drums/guitars), Owen Rees (guitars) and Constanze Hart (bass) began in London in 2013. Marlain's background in rock and pop yielded surprising results when demoing material over the heavily prog based music. The sound was instantly recognisable as something new: thoughtful and provocative with hard-hitting and honest lyrical themes. Their combination of pop sensibilities and metal riffs create a sound that is anthemic and hard-hitting, and totally unforgettable.

Coalesce is Ascending Dawn's debut album with a collection of 9 tracks, mixed and mastered by Jochem Jacobs (ex-Textures) at Split Second Sound.

Ascending Dawn is:

Marlain Angelides – Vocals

Mark Weatherley – Drums / Guitars

Owen Rees – Guitars

Constanze Hart – Bass



Follow Ascending Dawn on:

www.facebook.com/ascendingdawnband

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www.reverbnation.com/ascendingdawn

ascendingdawn.bandcamp.com

soundcloud.com/ascendingdawn

www.youtube.com/user/AscendingDawnBand

northern oak

Gaia

Northern Oak are a progressive folk metal band from Sheffield, UK. They are known for their ability to weave vicious black metal riffs with haunting flute folk melodies that stir the raw emotions lurking deep within the human soul.

Since the release of their 2010 album Monuments they have toured the country with their energetic live show. They have also played several prestigious festivals such as Bloodstock Open Air while developing and shaping their sound.

The results of this can be heard on their 2014 album Of Roots and Flesh. The album ranges from existential rage on 'The Gallows Tree' to a desire to see the best of humanity in 'Of Roots and Flesh'. The listener's ears are rewarded by a seamless blending of vocal styles and a fusion of electric and acoustic guitars, flutes, violin and melodeon parts as they are taken on a musical journey through the nature of struggle.

Northern Oak is:

Chris Mole - Guitars

Catie Williams - Flutes / Melodeon

Martin Collins - Vocals

Richard Allan - Bass

Digby Brown - Keyboards / Violin

Paul Whibberley - Drums

Follow Northern Oak on:

northernoak.co.uk

music.northernoak.co.uk

www.facebook.com/northern.oak

soundcloud.com/northern-oak



Unseelie

Hunters' Game

Unseelie were founded at the end of 2010 in Paris, with a strong reference to the gothic metal aesthetics. Profound and intense, full of emotion, the band's music combines mysticism with modernity, darkness with a dreamlike atmosphere, powerful riffs with haunting melodies and electro beats. It is also a world made of myths and symbols, those languages we will never finish deciphering. It is an invitation to immerse oneself in the dark beauty of the Unseelie courts, these ominous fairies who might still be hiding in the back streets of our megalopolis.



Unseelie released their first EP "Unholy Light" in 2012. In August 2013 they started to compose an ambitious concept album entitled "Urban Fantasy", crowd funded via Indiegogo. The success of this fundraising enabled the band to enter the studio in July with a confident state of mind. After more than a year of gestation, the album and its extensions (photo book, short story) are officially released on December 1st 2014 and receive very positive feedback within the metal scene and beyond.

Unseelie is:

Anne-Emmanuelle Fournier - Lyrics / Vocals

Marc Chevallereau - Guitars / Synths

Follow Unseelie on:

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www.facebook.com/unseelieband

www.twitter.com/unseelieband

plus.google.com/+unseelieband

www.youtube.com/user/unseelieband

unseelie.bandcamp.com

BLIND SAVIOUR

Freedom Call

Blind Saviour can lay claim to be Malta's only fully fledged Power Metal band. The current line up was completed in 2013 and since then the band have played several gigs and local metal festivals. Lightning fast double bass drum rhythms, twin-lead harmonies, catchy sing-a-long refrains and orchestral textures are all combined in an elegant and exciting blend. The powerful and varied vocals together with an overall judicious use of keyboards make Blind Saviour quite a unique sounding band within the female fronted metal scene.



The band have been working to release their 10 track debut album which is centred around a story line featuring characters and places in a post-apocalyptic setting created by the band itself. Here one finds a few of the popular themes associated with this musical style a clearly defined good vs evil plot and the inclusion of epic battles between surviving human clans and their robot oppressors.

Blind Saviour is:

Rachel Grech - Vocals

Aldo Chircop - Guitars / Keyboards

Campos Gellel - Guitars

Karl Friggieri - Bass

Robert Friggieri - Drums

Follow Blind Saviour on:

www.reverbnation.com/blindsaviour

www.facebook.com/blindsaviourbandmalta

twitter.com/blind_saviour

April Weeps

The Last Piece Of Eden

APRIL WEEPS is an atmospheric metal band from Slovakia that was formed in 2010 in a town called Dunajská Streda. In September 2012 they recorded their debut album, "Outer Calm, Pain Within", and self-released it in February 2013. The lyrics are mainly inspired by life itself. They focus on the individual with his attitudes, belief and fears, reactions to difficult life situations and coping with everyday challenges. Musically, it incorporates a lot of synths along with gothic metal, doom metal, symphonic metal and melodic death metal.



In August 2014, the band released its first promotional music video for the song "The Last Piece Of Eden". After that they were the opening act for XANDRIA, held their first mini-tour that took place almost completely in the Czech Republic and, in 2015, they were the opening act for IN MOURNING Krakow gig during their Poland Tour 2015. APRIL WEEPS is currently working on the songs for the second album.

April Weeps is:

N - Growls

Marta - Vocals

Dex - Guitars

Doki - Guitars

Tosho - Bass

Roland - Drums

Stronghold - Atmospherics

Follow April Weeps on:

www.aprilweeps.com/

www.facebook.com/AprilWeeps

aprilweeps.bandcamp.com/

soundcloud.com/april-weeps

www.youtube.com/channel/UCaCHLMrgCu7dQsT0C2i2NGw

Kill for Eden

Kerosene

Kill For Eden is a London based hard rock band. Influences include Deep Purple, Led Zeppelin and The Cult's solid riffs, Blondie's instant melody and Garbage's contemporary mix of pop hooks and rebel attitude.

They've been gigging around England promoting their debut album released in May 2013 and an EP released in November 2013. The band are currently in pre-production for their second album due 2015.



Kill For Eden is:

Lyla D'Souza - Vocalist

Dave Garfield - Guitar

Mike McGuinness - Bass

Wally Miroshnikov - Drums

Follow Kill For Eden on:

www.killforeden.com

www.youtube.com/user/KillForEden/featured

www.facebook.com/killforedenrock

twitter.com/#!/KillForEden

soundcloud.com/killforeden

www.reverbnation.com/killforeden

itunes.apple.com/gb/album/kill-for-eden/id619354459

Unveil

Hide

The story begins in 2004. Alain Robitaille, Éric Lee and Éric Pomerleau join forces with one objective in mind: to play their own music. They start by forging their sound rocking the local club scene, sharing the stage with many bands including Unexpect and Stream of Passion. In 2010, they present "The Story of Sarah", a short film included within a rock concert, on which the band collaborates with a local folk-rock singer named Joëlle Nolin. Her unique voice and energy give Unveil a new drive and she is asked to become the official lead singer.



Her trademark vocal style is now part of the Unveil sound. 2013 saw the release of Codex Noctem, a first EP featuring some of the band's most road tested material. This collection of original songs, inspired by vampires, solitude and the secrets of the night, got rave reviews from both sides of the Atlantic. Go ahead and give in. Dare to Unveil.

Unveil is:

Joëlle Nolin - Vocals

Alain Robitaille - Guitar / Vocals

Éric Lee - Bass / Backing Vocals

Éric Pomerleau - Drums

Follow Unveil on:

www.facebook.com/unveil616

unveil.bandcamp.com

www.cdbaby.com/Artist/Unveil

twitter.com/Unveil616

SCANDELION



DUSK IN YOUR DREAMS

Scandelion pushes past the normal confines of genres and "labels" with their unique and refreshing approach that can only be described as "brutally beautiful". Formed in 2002 by Jorge Afonso, Scandelion takes its name from the ruins of a greek fortress on the coast of Jerusalem. The band released their first demo in 2005 and their first album "The Pureheart's Breed" in 2008.



Three albums later, 2014 saw a dramatic lineup change following a relocation to the UK. Jorge was first joined by guitar virtuoso Fabrizio Ferraro. Then came bassist Hallam Smith, then singer Nina Dysis, and lastly drummer James Chapman. Scandelion transformed their sound of their roots into something far more aggressive and powerful. Their latest album "Nonsense" released in 2014 shows a darker, more intense incarnation of the band, showing that they can move seamlessly into the more extreme styles of metal while retaining their symphonic and doom metal influences.

Scandelion is:

Jorge Afonso - Keyboards & Vocals
Fabrizio Ferraro - Guitar
Hallam Smith - Bass
James Chapman - Drums
Nina Dysis - Vocals

Recording members:

Jorge Afonso - Keyboards & Vocals
Natalia Falcón - Female Vocals
Pablo Guerrero - Guitars
Coré Ruiz - Bass

Follow Scandelion on:

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www.youtube.com/scandelion
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www.twitter.com/scandelion

CELESTIAL WISH

Crossing The River

Celestial Wish are a Birmingham based Symphonic Metal act with a sound characterised by the use of powerful orchestrations, eerie synths, angelic vocals, heavy riffs and blistering solos, which all come together to form a sound that takes the listener into their own personal dreamland, where each Celestial Wish comes true, and anything is possible.

Celestial Wish are heavily influenced by bands such as Nightwish, Kamelot, Avantasia, Rhapsody Of Fire and Sonata Arctica, however, their list of influences goes far beyond the Metal genre, among their list of influences are Nobuo Uematsu, of Final Fantasy fame, Danny Elfman and Richard Wagner. All of these inspirations have come together to form a powerful sound that one might describe as majestic, or epic.

Celestial Wish are:

Saneeta Ram - Vocals

Daniel Carpenter - Guitar & Orchestral Composer

Fraser Banks - Bass

Michael Brush - Drums



Follow Celestial Wish on:

celestialwish.bigcartel.com

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itunes.apple.com/gb/album/ourcreationep/id893640972



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Forged In Stone And Steel

Femetalism has been supporting women in metal for over four years, promoting and highlighting great bands and their music for their quality and their talent. Over the years we've worked with numerous amazing bands who, we feel, deserve more attention and more fans. We decided to do something about that, and so we started work on our first compilation album.

Collecting great songs from great bands we have worked with and discover on a daily basis, Forged In Stone And Steel is about bringing the best together and shouting "HEY! LISTEN TO THIS!"

The featured bands come from all over the world and from all sorts of metal and rock genres.

Thanks

Femetalism would like to thank all of the bands for their submissions to the compilation, for their faith and trust in the work we are doing and for their ongoing friendship and support.

We would also like to thank Rowan Andrews for creating the Forged in Stone and Steel album cover art.
about.me/rowanandrews

Finally, we would like to thank our associates who work with us to help promote and support the metal underground and promote gender equality in metal music. Your association means a great deal to us and your passion for metal and music inspires us.
www.femetalism.co.uk/p/associates.html

Credits

All album artwork is based on photographs taken by Craig Andrews. Special thanks to Rowan Andrews for designing the album cover art.

All of the music included in this compilation is owned by the bands and is available here for FREE download as part of a promotional compilation series. Links and information about the bands and how to get hold of more of their music can be located in the PDF, which accompanies the download.